

Self Assessment Based on the Book of James



#	BEHAVIOR OR ATTITUDE: Rate yourself on the following statements. This behavior or attitude is true of you: 0 = Never 1 = Rarely 2 = On average 3 = Mostly 4 = Always	RATING				
		Always	Mostly	On average	Rarely	Never
1	I "count it all joy" when I experience various trials.	4	3	2	1	0
2	I know that the testing of my faith produces patience.	4	3	2	1	0
3	I let patience have its perfect work in my life.	4	3	2	1	0
4	I allow God to work in me, in His way, in His time.	4	3	2	1	0
5	When I need wisdom, I ask God.	4	3	2	1	0
6	I fully believe God will give me the wisdom I need and ask for.	4	3	2	1	0
7	I am content with what I have.	4	3	2	1	0
8	I endure trials and temptations well.	4	3	2	1	0
9	I don't blame God for my temptations.	4	3	2	1	0
10	I view my trials and temptations as opportunities to grow, to see God at work.	4	3	2	1	0
11	I know that every good thing I have is from God.	4	3	2	1	0
12	I am quick to listen and hear others. I don't need to always be the one talking.	4	3	2	1	0
13	I take my time and listen first before speaking.	4	3	2	1	0
14	I am slow to anger. I don't get angry easily.	4	3	2	1	0
15	I have "laid aside" all sin in my life.	4	3	2	1	0
16	I hear and receive God's instructions for me in humility.	4	3	2	1	0
17	I am a doer of the Word. My behavior conforms to God's Word.	4	3	2	1	0
18	I am very aware that under the Law of God I am a terrible sinner.	4	3	2	1	0
19	I know that even under grace, I must not just hear the Word, but do it also.	4	3	2	1	0
20	My religion is not about ritual, but a right heart with God.	4	3	2	1	0
21	I control my tongue.	4	3	2	1	0
22	I do not play favorites, show partiality, or have any prejudices.	4	3	2	1	0
23	I do not judge others.	4	3	2	1	0
24	I am not prideful.	4	3	2	1	0
25	I love my neighbor as myself.	4	3	2	1	0
26	What I say and what I do are guided by the grace I have received from God.	4	3	2	1	0
27	I show the same mercy to others as I have received from God.	4	3	2	1	0
28	My faith is seen in how I live, what I do and say.	4	3	2	1	0
29	My faith is seen in the works I do for God.	4	3	2	1	0
30	My service to God is done with humility and gratefulness.	4	3	2	1	0
31	I believe and trust God, and my actions show this faith in Him.	4	3	2	1	0
32	I do not have "bitter envy and self seeking" in my heart.	4	3	2	1	0
33	My mind and heart are pure.	4	3	2	1	0
34	I am at peace.	4	3	2	1	0
35	I am gentle in spirit and wisdom.	4	3	2	1	0
36	I am willing to yield.	4	3	2	1	0
37	I am full of good fruits that display my faith.	4	3	2	1	0

Circle the rating to the right that applies most to each statement. **CAUTION,** on the "I don't" statements, if you agree, be sure to score the statement's truth about you, not the don't part! For example, question 9 is "I don't blame God for my temptations." If this is true all the time, score a 4.

	<i>Self Assessment Based on the Book of James</i> (continued)						Always	Mostly	On average	Rarely	Never
38	I am not a hypocrite.	4	3	2	1	0					
39	I am a peacemaker.	4	3	2	1	0					
40	I am a friend of God, not of the world.	4	3	2	1	0					
41	When I ask God for something, I truly desire HIS will, not my own.	4	3	2	1	0					
42	I have submitted fully to God.	4	3	2	1	0					
43	I draw near to God.	4	3	2	1	0					
44	I resist the enemy.	4	3	2	1	0					
45	I have asked God to cleanse me, and purify my heart.	4	3	2	1	0					
46	I am not double-minded.	4	3	2	1	0					
47	I humble myself before God.	4	3	2	1	0					
48	I do not speak evil of others.	4	3	2	1	0					
49	I place all my plans in God's hands, and want His will for my future.	4	3	2	1	0					
50	I trust God with my future.	4	3	2	1	0					
51	I do not boast – of anything.	4	3	2	1	0					
52	I know what is good and right – and DO it.	4	3	2	1	0					
53	I do not cheat others.	4	3	2	1	0					
54	My treasure is in heaven, not the things of earth.	4	3	2	1	0					
55	I am fully committed - I have “established my heart” in God.	4	3	2	1	0					
56	I do not grumble against others.	4	3	2	1	0					
57	I persevere in trials.	4	3	2	1	0					
58	I know God has a plan for my good.	4	3	2	1	0					
59	I do not grow weary waiting on God.	4	3	2	1	0					
60	I do not conduct myself as the world does.	4	3	2	1	0					
61	I am not arrogant in my faith, but humble.	4	3	2	1	0					
62	I do not swear by anything or make oaths.	4	3	2	1	0					
63	I practice intercessory prayer.	4	3	2	1	0					
64	I pray consistently, frequently, fervently.	4	3	2	1	0					
65	I praise God consistently, frequently, and freely.	4	3	2	1	0					
66	I confess, as appropriate, to others when I have done wrong.	4	3	2	1	0					
67	I help reconcile others to God, as appropriate.	4	3	2	1	0					
68	I can gently correct others.	4	3	2	1	0					
69	I have and live a mature faith.	4	3	2	1	0					
70	Others would say I have and live a mature faith.	4	3	2	1	0					
COLUMN TOTALS (Add each column)											
GRAND TOTAL											

280 = You are already with the Lord
Everything else = Draw nearer to Him

Highlight the questions where you scored yourself a 2 or lower. These are the areas you can begin to work on with God's help. A mature faith is a matter of process. We call that process sanctification. It is the work of the Holy Spirit, and it is daily growth development. Ask God what to do about the responses you marked lower than others. **Draw near to Him, and He will draw near to you.**